

28th February 2024

Dear Parent/Guardian,

All schools are required to provide Relationship and Sexuality Education (RSE) for their students. Therefore, to begin these classes we have invited Sexual Health West into the school to deliver workshops to our 5th Year students on the 5th and the 12th March. The Sexual Health West presenters/facilitators have given this course for the past number of years in Dominican College and come highly recommended from other schools which also avail of their services. The workshops are age appropriate with materials and exercises suited to the developmental stage, educational ability and needs of the participants. You can find out more information about the workshops by visiting http://www.bewiser.ie.

In addition, SPHE teachers within the school will also deliver RSE classes after the workshops have taken place and topics include relationships and consent.

If you <u>do not wish</u> your daughter to take part in these workshops/classes, please complete the form below and return it to the school office on or before **Monday 4**th **March 2024.**

I <u>DO NOT</u> give permission to my daughter to attend the above Relationships & Sexuality workshop/classes facilitated by Sexual Health West and SPHE teachers.			
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