

Dominican College
Taylor's Hill
Galway
H91 C573

Tuesday 19th March 2024

Dear Parent/Guardian,

All schools are required to provide Relationship and Sexuality Education (RSE) for their students. This year, starting after the Easter holidays, RSE classes will be delivered by teachers here in the school to our First-Year students. The classes are age appropriate with materials and exercises suited to the developmental stage, educational ability and needs of the participants.

Topics include:

- Changes during adolescence
- The reproductive system
- Conception
- Healthy relationships
- Sexuality and gender

More information of the above topics can be found through the following link which details the updated SPHE specification for Junior Cycle students https://curriculumonline.ie/getmedia/ca8f8975-50ca-4dc3-bba5-a04e25b4f978/JC_SPHE_Short_Course_2023.pdf

If you **do not wish** your daughter to take part in these classes, please complete the form below and return it to the school office on or before **Friday 22nd March 2024**

Regards,

Lorraine Byrnes

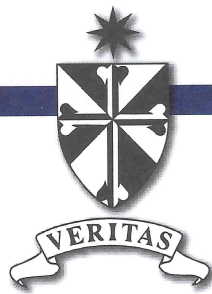
Lorraine Byrnes
Deputy Principal

I **DO NOT** give permission to my daughter to attend the above Relationships & Sexuality classes facilitated by teachers in Dominican College.

Student Name: _____

Signed: _____ (Parent/Guardian)

Date: _____



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19th March 2024

Dear Parent/Guardian,

All schools are required to provide Relationship and Sexuality Education (RSE) for their students. Last year, we invited Sexual Health West into the school to deliver workshops to our students and then these workshops were followed by classes delivered by our SPHE teachers. This year, SPHE teachers will continue with RSE classes with our 3rd Year students after the Easter holidays and topics include:

- Romantic relationships
- Abusive relationships
- Boundaries
- Pregnancy
- STI's and fertility
- Consent
- Body image

You can find out more information about the above topics by visiting the following link which details the SPHE specification for our current 3rd year students <https://www.curriculumonline.ie/getmedia/10a6e6be-40dd-425b-9463-dabfb2131fcd/NCCA-JC-Short-Course-SPHE.pdf>

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Regards,

Lorraine Byrnes

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